

## PHSE/RSE at Hopton Primary School



Our intent is to provide children with a PHSE/RSE curriculum that will allow them to become confident individuals, who have a great awareness of how to keep themselves mentally and physically health and how to become a valuable citizen in society. We promote positive 'can do' attitudes and we promote the fact that we are learning life-long skills and knowledge. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community and thus enhancing their cultural capital.

We have a spiral curriculum approach, allowing children to revisit learning and topics in order to build on the skills that are essential to their safety and development.. Resources and scheme drawn from Twinkl. It is particularly relevant as it links to current issues. Skills and knowledge are built upon e.g. resilience, safety on the internet, who we share our world with. We understand that children need to be taught the right thing to do and have that learning reinforced over time. We aim to present PHSE/RSE through a wide range of lessons and ensure there is plenty of time of open discussions. We aim to encourage children to try different ways of recording their learning (through assemblies, floor books, in their folders). We concentrate on developing values and skills rather than thinking of them as lessons.

We also aim to enhance our curriculum through many of our key curriculum threads, in particular looking at the impact of human influence, wider world and understanding how we contribute to and can operate well within our locality.