



Healthy Eating



p r o t e i n d e s o f
 b o n e s h a n e m h r
 d i e t c l a l x d f u
 i o y d a a b c e f e i
 r g t s u a l m r t s t
 s i h k t t u c c n o s
 m i n e r a l s i i s u
 y u g y a s f m s u e g
 a e d y u l a r e n m a
 v o y t e t t l b e t r
 b a e c i s i h t o d a
 s n h v a a e i y e d t

body
 bones
 calcium
 diet
 exercise

fat
 fruit
 healthy
 minerals
 protein

salad
 salt
 sugar
 vegetables
 vitamins

