

Date 20th April 2023

Letter to Parents / Carers of Year 5 Children

Dear Parents or Carers

Year 5 PSHE, RSHE and Science Curriculum

As part of our PSHE, RSHE and Science curriculum we will soon start a unit of work covering puberty, how a baby is conceived and born.

This will involve key facts about puberty and the changing adolescence body particularly from age 9 through to age 11, including physical and emotional changes. All pupils will be taught about relationships education, which includes, learning about caring relationships and different types of families. All teaching is sensitive and age appropriate in approach and content.

As the classes are mixed Year 5 and 6, we have taken the decision to teach this unit of work to Year 5 only during the week commencing the 9th May. The Year 5 children will be taught together as a whole year group by Miss Henderson who leads the RSHE curriculum.

This year we are using some new up to date resources to assist the teaching and learning of this unit of work. This is called 'Next Stop – Puberty'. We will be using video links that are included in the resources.

Please be aware that your child may come home and discuss things they have learnt in class, or they might be very quiet about it. Either way, we would encourage an open and honest discussion.

At school we will start the sessions setting ground rules to ensure their learning experiences about puberty are positive and no one will be upset or offended.

Some of these rules will include:

- Everyone will be treated with respect.
- We will use the proper names for body parts.
- We will not ask personal questions to embarrass someone.
- Giggling about puberty is okay, but laughing at others, their questions or views, is not.
- Some discomfort or embarrassment about discussing puberty is okay, making fun of this is not.

We will also be establishing a question box where children will be able to post anonymous questions, which will then be addressed in the lessons.

If you have any questions or would like to discuss this part of the curriculum further, then please get in touch by sending an individual message to Miss Henderson on ClassDojo or by emailing suzanne.henderson@kirkleeseducation.uk

Kind regards

Mr Blakeley

Mr Blakeley – Head Teacher

Miss Henderson, Mrs Etheridge, Miss Smith and Mrs Worsley.



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