

Date: 10th June 2025

Letter to Parents and Carers of Year 5 Children

Dear Parents or Carers

As part of our PSHE, RSHE and Science curriculum we will start a unit of work covering puberty, and how a baby is conceived and born w/c 16th June.

This will involve key facts about puberty and the changing adolescent body particularly from age 9 through to age 11, including physical and emotional changes.

All pupils will be taught about relationships education, which includes learning about caring relationships and different types of families. All teaching is sensitive and age appropriate in approach and content.

As the classes are mixed Y5 and 6 we will teach this unit of work to Year 5 only whilst Year 6 do other learning from different parts of the curriculum as they were taught it last year. The Year 5 children will be taught in two smaller groups led by Mrs Worsley/Miss Smith who leads the RSHE curriculum.

This year we are using some up to date resources to assist the teaching and learning of this unit of work. This is called 'Next Stop – Puberty'.

Please be aware that your child may come home and discuss things they have learnt in class, or they might be very quiet about it. Either way, we would encourage an open and honest discussion.

At school we will start the sessions setting ground rules to ensure their learning experiences about puberty are positive and no one will be upset or offended. Some of these rules will include:

- Everyone will be treated with respect.
- We will use the proper names for body parts.
- We will not ask personal questions to embarrass someone.
- Giggling about puberty is okay, but laughing at others, their questions or views, is not.
- Some discomfort or embarrassment about discussing puberty is okay, making fun of this is not.



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We will also be establishing a question box where children will be able to post anonymous questions, which will then be addressed in the lessons. If you have any questions or would like to discuss this part of the curriculum further, then please get in touch by emailing y56.hopton@kirkleeseducation.uk

Many thanks

Andy Blakeley

Mr A Blakeley - Headteacher

Mrs Etheridge, Miss Henderson, Miss Smith – Year 5 and 6 Teachers

South Shields to Hopton Primary School - July 2025



The
Golden Fish

